CPD LAB NEWSLETTER

CRP in NYC!

Welcome back students and staff! The CPD Lab team is excited to welcome returning students and new team members for Fall 2023.

In May 2023, the CPD Lab team traveled to New York City to attend the **Cognitive Remediation in Psychiatry (CRP)** conference. Shoutout to PhD student **Chelsea Wood-Ross** for giving an amazing presentation on the development of strategy monitoring and real world transfer skills in cognitive remediation.

Congratulations Olivia!

Olivia Simioni recieved the **Schizophrenia Society of Canada Foundation (SSCF) and the Canadian Consortium for Early Intervention in Psychosis (CCEIP)** studentship. Olivia was selected for her proposal exploring the effectiveness of an online group therapy for self-stigma amongst individuals with first episode psychosis.

Thesis Spotlight
Lindsay Simourd

"My master's thesis research used an experimental psychopathology approach to explore how changing the way we measure neurocognition might offer new insight into the experience of completing a neurocognitive task for individuals with depression. Data collection is ongoing, but preliminary evidence highlights the complexity of measuring neurocognition in depression and supports the utility of designing alternative measurement approaches. This was a very rewarding experience, and I am grateful to my incredible supervisor and lab team for their support of this work."

RA Spotlight
Liza Kovalenko

"The hours spent with the CPD lab team collaborating, brainstorming, & analyzing have left an indelible mark on my approach to scientific inquiry."

SSHRC!

Congratulations **Chelsea Wood-Ross** for receiving the Social Sciences and Humanities Research Council (SSHRC) Doctoral Fellowship!

From the Lab Library

Language features have been found to provide useful information in predicting clinical variables such as mental health status and functional competency in individuals with schizophrenia, schizoaffective disorder, and bipolar disorder. Full article here.

This study provides preliminary information about clinician perceived organizational (i.e., staff time, manager support, equipment) and patient specific barriers (i.e., geographic location, other responsibilities, motivation) to implementing ABCR in community mental health settings. Full article here.

Where are they now? Still here!

We are excited to welcome back former Thesis student **Noa Shram** and Directed Lab student **Emma Wilkinson** as full time research assistants at the CPD Lab. Noa and Emma started at the CPD lab as SWEP Students in May 2022, and upon graduating from Queen's are continuing with the lab before applying to graduate school.
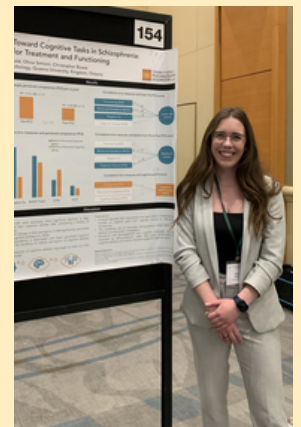
Collaborating Across Canada

The CPD Lab has launched it's branch of the iCog CA study! This study is lead by McGill and has sites in Kingston, Toronto, and British Columbia. The study aims to examine the virtual implementation and outcomes of ABCR and metacognitive therapy for individuals with psychosis across Canada.

SIRS

Stephanie Woolridge, Olivia Simioni, and Casey Upfold attended the **Schizophrenia International Research Society (SIRS)** conference in Toronto. Casey and Olivia presented a poster titled "Self-confidence toward cognitive tasks in schizophrenia: implications for treatment and functioning."

Catch the CPD Lab at the **Department of Psychiatry Research Day on Sept. 21st,** where multiple lab members will be presenting recent work!

Wishing all the best on your new endeavors!

We wish PhD student **Stephanie Woolridge** and research assistant **Isabelle Hau** the best of luck as they begin their new academic roles. Steph will be beginning her clinical residency at **The Royal in Ottawa** and Belle will be joining the **Clinical Child and Adolescent Psychology (CCAP) program at the University of Guelph**. We will miss you both!