

CPD LAB NEWSLETTER



Honours Thesis Student Spotlight

Anna Baumgartner

“The primary focus of my thesis project is to examine factors that may impact resilience in caregivers of individuals with psychosis. Namely, I will be investigating the indirect effect of self-efficacy on the relationship between locus of control and resilience in caregivers. Working with the CPD Lab has provided me with an opportunity to engage in research that fits my interests while continuing to learn about new, fascinating areas of study. The support that I have received throughout my time with the lab has been incredibly valuable. I look forward to continuing to work on my thesis in the upcoming semester.”

Emily Robbie

“I am completing my undergraduate thesis studying motivation and social cognitive deficits in those with a persistent course of a schizophrenia spectrum disorder (SSD). I have learned how to deliver a multitude of cognitive assessments, which have given me great skills as I go throughout my psychology career. Working on the write-up of my thesis has been very interesting - learning more about the disorder and those who have been diagnosed has been a meaningful experience, and I will take this knowledge with me through my coursework and daily life. I am very excited to see how the rest of the project goes and the results I will gather. I hope that these insights can help educate further treatment outcomes for those diagnosed with an SSD.”



CPD Lab Highlights

- ❄ The first Kingston ABCR group is complete for the iCogCA study! Thank you to masters student Casey Upfold and Lab Coordinator Tammy Vanrooy for taking the lead!
- ❄ Congratulations to our very own, Dr. Christopher Bowie as well as clinical psychology faculty member Caroline Pukall on being named among the most productive mid-career scholars in clinical psychology. See: [Assessing the publication productivity of clinical psychology professors in Canadian psychological association-accredited Canadian psychology departments: A 10-year replication study.](#)



Masters Student Spotlight

Olivia Simioni



“When I started with the CPD Lab, I was really excited about the treatment research that was being conducted. BOOST was of particular interest to me, and building on the hard work of CPD Lab members that came before me, my Master’s thesis will compare the previously collected in-person outcome and treatment process variables to ongoing data being collected for online groups. Specifically, I’m interested in exploring how individuals with early psychosis attend and engage with BOOST when delivered remotely, and if this differs from the in-person delivery. Ultimately, the goal is to better understand how individuals with early psychosis use and benefit from online treatments like BOOST.”

ABCT Conference

PhD candidate Chelsea Wood-Ross gave a talk on the dissemination of ABCR (Action Based Cognitive Remediation) at the American Behavioural and Cognitive Therapy Conference in Seattle, Washington this past November. Lindsay Simourd presented a poster on BOOST treatment outcomes and Olivia Simioni presented a poster on attendance and engagement in BOOST when delivered online.



From the Lab Library

This study explored the effects of a brief psychoeducational intervention video on subjective and objective engagement in computerized cognitive training exercises in major depressive disorder. [Full article here.](#)



Psychiatry Research Day

At the Queen’s University Psychiatry Research Conference in September, PhD student Lindsay Simourd presented a talk on her MSc thesis. Emma Wilkinson, Noa Shram, Abigail Wiliszewski, and Bingyi Lin presented posters on work they have done in the lab, and post-doctoral fellow Chloe Stewart presented an overview of the ACED and iCogCA studies. Tammy Vanrooy set up a table to share and discuss our ongoing studies!

