



CPD Lab

Cognition in
Psychological
Disorders

Spring 2019

Congratulations!

Congratulations to all members of the CPD lab for completing another great year of research! Thank you to everyone for your contributions towards making our research possible!



Congratulations to Dr. Christopher Bowie for receiving The Teaching Award from Queen's University undergraduate students! Dr. Bowie had many wonderful guest speakers, including Christopher Foster, who has presented at many of his lectures and joined him at the Teaching award ceremony.



Congratulations to Tanya Tran for making it to the finals of the 3-Minute Thesis Competition for her presentation on avoidance of physical vs. cognitive effort in depression!

CPD Lab News

- ➔ Dr. Bowie, Dr. Mike Best, Tanya Tran, & Stephanie Woolridge attended The Schizophrenia International Research Society Conference this April in Florida
- ➔ Melissa Milanovic & Christopher Foster completed another BOOST group
- ➔ Dr. Bowie, Melissa Milanovic, & Tammy Vanrooy trained clinicians on ABCR in The Transitional Youth Program at CAMH this March in Toronto
- ➔ Melinda Kinney, & Chelsea Wood-Ross attended The SAS Conference this March in Boston



Great job to the CPD lab team (special thanks to Kenzie Bender) for packing and shipping Action-Based Cognitive Remediation (ABCR) treatment kits to The Ontario Early Psychosis team. These kits will be used at 20 early psychosis treatment sites across Ontario in order to create real-world simulations in psychosis treatment to improve practical outcomes in psychosis.

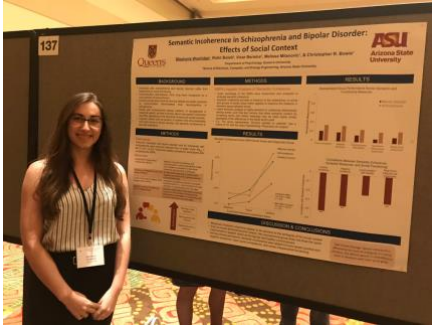


Congratulations to Dr. Mike Best for completing his PhD defense & to everyone who was involved in his research, which shows support for Executive Functioning Training as an effective tool for improving cognition, neurophysiology, and functioning in Schizophrenia-spectrum disorders. You can check out this CPD Lab publication in many journals, including The American Journal of Psychiatry!



Congratulations to Dr. Michael Grossman for successfully completing his PhD defense on mechanisms of social cognition in early episode psychosis!

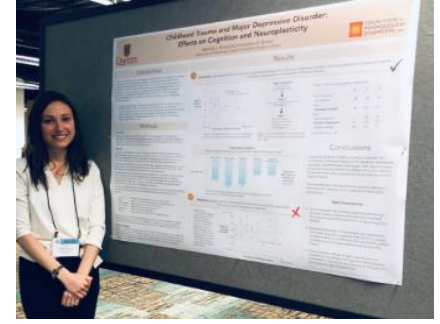




Stephanie Woolridge at The SIRS Conference presenting a speech analysis study comparing individuals with Schizophrenia and Bipolar Disorder in collaboration with Arizona State University

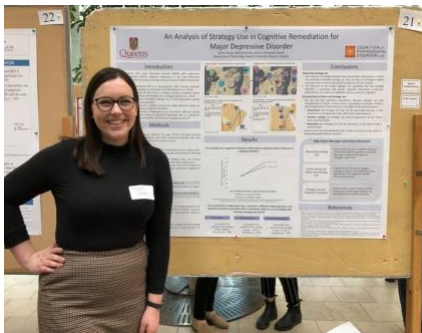


Chelsea Wood-Ross at The Society for Affective Sciences conference presenting her talk on the association between depression and reduced motivation for cognitive challenges, even when individuals show good performance.



Melinda Kinney at The Society for Affective Sciences conference presenting her research in collaboration with The Mood Lab on the effects of childhood trauma and Major Depressive Disorder on cognition and neuroplasticity

CPD Lab Thesis Students



CPD Lab thesis student Alison Carney presenting her research on strategy use in Cognitive Remediation Training for Major Depressive Disorder at The Queen's Undergraduate Poster Presentation

Do you have any advice for students who would like to run their own research study in the future?

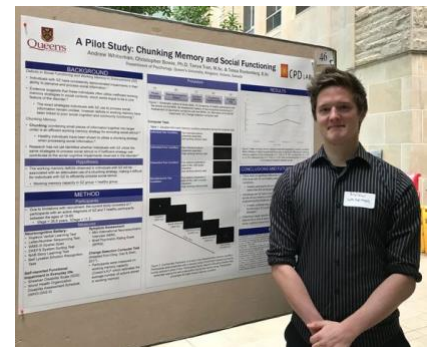
"I would say that this was the most rewarding experience of my undergraduate degree and would encourage anyone thinking about it to definitely make it happen."

–A.C

What opportunities will you have to transfer this knowledge in the future?

"Going forward, I'm excited to be able to apply the skills I have gained from this experience to future opportunities in research (including the continuation of the current study) & health advocacy across the country."

– A.W



CPD Lab Thesis student Andrew Whiteman presenting his research on working memory & social functioning in Schizophrenia at The Queen's Undergraduate Poster Presentation

Thank You CPD Lab Students!

Thank you kindly for all of your time and effort to the wonderful students who are leaving the CPD lab this year.
We wish you the best of luck in your future careers!

- ➡ Alison Carney is starting the clinical psychology program at Ryerson University this fall
- ➡ Andrew Whiteman will be graduating and moving to Ottawa to gain work experience before applying to graduate school
- ➡ Samantha Irwin is graduating and will be attending Concordia University in Montreal in the fall to start her Master's degree in Behavioural Neuroscience.
- ➡ Talia Leibovitz is moving to St. John's, Newfoundland and is applying for graduate school this year
- ➡ Gillian MacFarlane will be starting her Master's of Social Work at Middlesex University in London, United Kingdom.
- ➡ Kaylynn Brant will be taking a year off and applying to graduate schools.

Welcome To The CPD Lab Summer Team!

Congratulations to our new SWEP students Lindsay Simourd & Reem Toubache and to our new summer Research Assistant, Sage Hartmann